

In a disaster, you may need a helping hand.

Be Ready.

Older Georgians can be particularly at risk in the wake of a disaster, so it is important to be prepared.

CREATE A READY KIT

Be prepared to make it on your own for up to 72 hours following a disaster. In addition to food, water and other supplies, customize your Ready kit by including items commonly needed by seniors:

- One-week supply of all medications
- A list of prescription medicines including dosage, treatment and allergy information
- Extra eyeglasses
- Hearing aids and hearing aid batteries
- Wheelchair batteries
- Important documents: medical records, medical insurance and Medicare cards; wills and deeds; social security number; bank account information and tax records
- Names and contact information of your support network, as well as your medical provider

BE PREPARED WITH A PLAN

In a disaster it is important that you have a network of people who can assist you. Select at least three people who can check in on you during an emergency. Share your emergency plan with them and make sure at least one person has a key to your home. Determine how you will evacuate your home in a disaster and let your support network know where you plan to go. If you have pets, make plans for them as well and remember that not all emergency shelters will accept animals.



STAY INFORMED - VISIT THE READY GEORGIA WEB SITE
For more information about preparing for disasters visit www.ready.ga.gov.



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